

# **Jesus Christ is LORD, He loves you, and He paid for your freedom!**

## **Preparing Yourself for Deliverance from Demonization**

(Most of the following information was obtained from fellow Deliverance Minister, Don Dickerman, with a few subsequent edits.)

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### **Deliverance may be a process, rather than a one-time event.**

While deliverance may be a one-time event, it may also be a process. If you do not receive all your freedom at once, still be encouraged! Sometimes it takes time to dig out all the junk in our souls. One session you may address one area of your life, while in another, you may address bondages in another. On the other hand, sometimes you may have several sessions to address issues in one area of your life. Either way, still be encouraged! Jesus Christ is Lord! He is more than able to deliver you.

Sometimes, it takes multiple sessions before a person is completely delivered. Sessions can range from a few minutes to several hours, depending on the bondage that must be sorted out and worked through.

Always be encouraged, and keep pressing forward to receive what Jesus purchased for you with His blood on the cross! Sometimes it may even take more than one deliverance minister to bring that freedom, as different ministers may be more knowledgeable in various areas of deliverance.

### **The goal of deliverance is wholeness, and complete freedom from demonization.**

It is easy to think of the deliverance ministry as a quick fix... thinking that simply casting out demons takes away all of a person's bondages. The ministry of deliverance is often a process that involves more than simply driving out the demons. There are usually strongholds to be torn down. Since strongholds are incorrect thinking patterns, this is done through the renewing of your mind in accord with Biblical scripture. There is often inner healing that needs to take place as well.

It is vitally important you boldly, passionately, and relentlessly pursue an intimate relationship with the LORD once you have been delivered. If you neglect your relationship with the LORD, the enemy will be more than happy to begin finding ways to cause you to lose your newfound freedom.

The purpose of deliverance is to receive freedom from all hindrances in your life that keep you from walking in the fullness of God's plan for your life and your relationship with Him.

### **The four elements of deliverance ministry**

Deliverance ministry can be generally broken down into four groups of ministry:

**Legal grounds**, as they are commonly called, and understood by many deliverance ministers, are essentially things in a person's life that are giving, or have given, a demon the right to enter or remain in the person. Unconfessed sins, ungodly soul ties, unforgiveness, trauma, abuse, holding cursed possessions

(occult rings, etc.) and so fourth can give demons a right to inhabit and torment a person. These legal grounds are removed through repentance, renunciation, extending forgiveness, etc.

**Strongholds** are essentially incorrect thinking patterns in your mind. If you think God is angry with you, then you will feel like He is, when in reality, He is not. If you think you are worthless, then you will feel worthless. Strongholds are torn down as you meditate on specific, applicable areas of Biblical Scripture, which helps reprogram your mind to think differently, . . . to think the way the LORD wants you to think. For example, if the LORD sees you as a precious child of His, and you begin to realize and believe this truth... it will change the way you see yourself. You will begin to see yourself as the LORD wants you to see yourself.

**Inner healing** is often required when ministering deliverance to somebody who has been abused, raped or has been exposed to a traumatic experience. Inner healing is a working of the Holy Spirit and is received as a person releases the inner hurt and pain from past experiences and allows the Holy Spirit to come in and heal those wounds.

Often, forgiveness is a vital part in this releasing process, and is done by faith. Even if you do not feel like you could ever forgive someone for the damage done to you, remember, forgiveness is not a feeling, it is an action.

Frequently, self-forgiveness needs to be received because people have not yet forgiven themselves, and that must be released.

**Casting out demons** means that the demons are confronted in Jesus' name and expelled/cast out of the person. This step is where the actual demons are expelled/cast out from the person and cannot be overlooked in most cases. Even if you do feel a measure of freedom after tearing down strongholds and breaking up legal grounds, demons may still be present and need to be cast out.

## **What you can expect during deliverance**

Often, during the deliverance process, demons manifest in multifarious ways, yet at other times, it seems as though very little, or nothing, happens when they are being expelled/cast out.

**Mild manifestations** often involve coughing, spitting up phlegm, burping, deep yawning or sighing, pressure or pain in areas of your body, shaking, screaming, growling, etc. If you feel these things coming at you, do not resist them... let the demons manifest and come fourth. Demons may use your vocal system to speak through you to the deliverance minister.

**Stronger manifestations** are usually found in cases where a person is more severely demonized, such as severe oppression, deliverance from occult involvement or Satanism, etc.

You are often unconscious when these spirits manifest. They can cause your body to levitate, physically struggle with those present for the deliverance, cause a demonic convulsion, vomiting, diarrhea, and so fourth. If you have been involved in energy healing, new age practices, false religions, witchcraft, occult, Satanism or other deeper demonic practices, then you should tell your deliverance minister in advanced, so he or she can have additional support present during the deliverance session.

**Feelings or emotions** will often rise up as spirits are confronted. For example, if we are dealing with a spirit of grief, the person may experience deep levels of grief as it is manifesting and being driven out.

**You may experience loss of consciousness** or partial loss of consciousness. As the spirits manifest, some will suppress your conscious as they manifest. Sometimes you feel drowned out but are still aware of what is happening.

Other times nothing happens along these lines and you are fully conscience. If you do feel yourself falling into a deep sleep stage, I recommend you do not try to stop it... it is recommended to allow the demon to come to the surface where we can deal with it.

Many times demons will try to hide, because they do not want to be discovered . . . knowing that they will be expelled/cast out when they are discovered.

**Demons may speak through you** at times to the deliverance minister. Sometimes they will simply take control of your mouth and speak. You may or may not be aware of this when it happens, but do not try to prevent it. If you hear yourself spewing out curses and foul language towards your deliverance minister, do not be ashamed... sometimes it happens!

Sometimes spirits can be stubborn, and require persistence by the deliverance minister to be expelled/cast out. If the deliverance minister repeatedly confronts the same spirit, do not worry... often, the deliverance minister will have to spend a little time just trying to get the demon to come to the surface so He/She can expel/cast out the demon.

Many times, demons resist the deliverance minister's authority, and therefore they require persistent pressure before they are compelled to cooperate. The more they are confronted with the truth, authority, power, etc. of the LORD, the weaker they become, until they become too weak to resist, and they are expelled/cast out!

## **Things you should, and should not do, during deliverance**

The enemy can try to bombard you with doubt, fear, etc., and try to make you feel like you will never be set free. It is important that you fight those feelings as much as you can.

If it seems as though you are saying to yourself, "I will never be set free!", etc., that is the demon/evil spirit within you that is trying to create fear and doubt within you about the work that God is trying to do for you, and it is waging war against your faith.

You might find it helpful to say to yourself something such as, *"I resist those feelings and believe in the work that Jesus is doing in my life!"*

It is important not to be afraid of the demons. Be strong and courageous! The LORD is much more powerful, and His angels are here to assist! We may encounter some strong spirits that will resist our authority (that is why we need to be persistent), but your freedom has been paid for by the precious Blood of Christ Jesus, and we must stand on that truth as we confront and battle the evil spirits.

When demons are manifesting or being expelled/cast out of you, it is usually best to talk only if necessary. Spirits often leave through the person's mouth, and we can hold them back from coming out if we obstruct their passageway.

If you feel something evil coming up your throat, do not try to stop it from coming out... let it come out!

Hanging on to your bondage can literally keep you from being delivered. It is important to LET GO, and allow the demons to be released. Trying to remove a spirit of fear while you are choosing in your mind to agree with it (being fearful) is not an easy task.

You must be determined to have faith in Jesus, which is the opposite of fear. Let those demons come out... let them come to the surface and be expelled/cast out... do not hold them back!

### **Keep your deliverance minister(s) informed about what is going on inside you, and what you are feeling**

Before your deliverance, while filling out the questionnaire, you may experience uncomfortable feelings, nervousness, shaking, etc. while trying to answer certain questions. If so, let the deliverance minister know what the questions were because it is likely arousing a spirit in you that does not want those legal grounds to be broken.

Throughout the deliverance session, the Holy Spirit may bring to your remembrance a past sin or situation that may have opened the door to demons... tell your deliverance minister about this right away so they can help you remove any legal grounds the demons may have. If you feel the Holy Spirit sharing anything with you during your deliverance, be sure to share it with your deliverance minister.

You are often going to experience things that your deliverance minister cannot perceive or know about. For example, physical pain in an area of your body usually indicates a spirit manifesting.

If the deliverance minister knows where it is, he or she may place their hand, or a Bible over that area of your body and confront the spirit. If you feel any discomfort, pain or pressure in your body or confusion, headache, racing thoughts, irrational emotions, etc. rising up in your mind, then it can be very helpful to let the deliverance minister know what is going on.

If you feel release from a spirit or feel something leave you... let the deliverance minister know.

If you experience any feelings of anger, hate, rage, rebellion, the desire to run out of the room, etc., always tell your deliverance minister about what you are feeling and experiencing. Always try to keep your deliverance minister informed as to what is going on inside of you, . . . unless they are right in the middle of expelling/casting out a demon, and you feel it is coming out of your mouth.

Remember, if you feel a demon leaving through your mouth, do not talk or obstruct your airways while the demons are being expelled/cast out).

YOU are often the best person to determine whether the demon/evil spirit has left.

Did you feel a release or relief as if something has left you? Let the deliverance minister know!

Sometimes they can go into hiding (to trick you into thinking they are gone) and other times there are additional spirits to be driven out, but keeping your deliverance minister updated on what is happening is helpful. The fact you begin speaking normally, when you feel a release, generally means that the demons/evil spirit(s) have been expelled/cast out.

### **If you have questions, be sure to ask your deliverance minister**

It is important to communicate with your deliverance minister while doing deliverance; if there is something you do not understand, be sure to ask him or her. We may not have all the answers to your questions, but it is important to help you understand the best we can.

### **If demons return, . . . quickly seek freedom again!**

Occasionally, a person may re-open doors to the demons/evil spirits that were expelled/cast out of them. When this happens, if the person has repented for all sins committed, then there is no reason to hesitate seeking that freedom again.

Sometimes a person can feel embarrassed or condemned for messing up again or allowing the spirits to re-enter them. This is a tactic of the enemy to keep them from re-seeking that freedom.

We do not judge or condemn those who re-seek that freedom, but rather we encourage them to do so. It is your freedom. Do not allow the devil to re-claim that area of your life!

## **Jesus Christ is LORD, He loves you, and He paid for your freedom!**

**There is never a cost for deliverance, and *donations are not wanted.***

***Freely I have been given, freely I give!***

**When you feel you are ready to receive your freedom, please email me at;**

**[BoldlySettingCaptivesFree@gmail.com](mailto:BoldlySettingCaptivesFree@gmail.com)**